

PATIENT HEALTH HISTORY



Your name _____

Your regular dentist is _____

Your physician is _____

Ever been a patient here before? YES NO

Your current age _____

(Check all that apply)

Date of last Physical _____

Have you ever had an adverse reaction to:

- Local Anesthetics/Novocain
- Codeine
- Other _____

- Antibiotic _____
- Aspirin/Advil
- Latex

Blood Pressure
_____/____BPM
_____ (office use only)

Do you take:

- Blood thinners (e.g Coumadin, Plavix, etc.) *if yes, date and score of most recent*

INR _

- Any other medications, vitamins or supplements, if so, please list:

Name of medication

What condition you take it for

(List any additional meds you take on separate sheet)

What is your level of anxiety/stress/fear when going to the dentist? None Mild Mod Severe

Have you had any illness, operations or been hospitalized in the past 5 years? _____

Other Medical conditions *(Check all that apply)* None

- Asthma *if yes, where do you keep your inhaler?* _____
- Bleeding problems
- Epilepsy
- Hepatitis
- Cancer
- Kidney Stones
- Breathing/COPD
- High Blood Pressure
- Tuberculosis
- Chemo/radiation
- Psychiatric therapy
- Heart Disease
- Dermal Filler/Botox
- Prosthetic heart valve
- HIV/AIDS
- Sleep apnea
- Change in health in last year
- Vertigo
- Bisphosphonates
- Artificial joint
- Thyroid Disease
- Steroid Use
- Any Addiction
- Cold Sores/fever blisters
- Snore

Additional Medical Conditions: _____

Gum disease has been linked with an increased risk for many chronic diseases. Eliminating gum disease is especially important to the oral *and* overall health of the following patients: *(Please check all that apply)*

Tobacco user

Tobacco users are more likely to develop gum disease which is more severe and more difficult to eradicate. Gum disease itself has recently been linked with an increased risk for heart disease. Since tobacco users are already at an increased risk for heart disease (and since gum disease only worsens that risk) it is vitally important for tobacco users to do whatever is necessary to eliminate gum disease.

Current Tobacco user → What form (cig, pipe, chew, etc). _____
How much/day _____ For how long _____

Previous Tobacco user → When did you quit _____

Diabetes

Diabetes is a well- known risk factor for gum disease. Research is confirming that when left untreated gum disease makes it harder for you to control your blood sugar. Elimination of gum disease can improve your blood sugar control reducing your risk for the serious complications.

How is your diabetes control? Good Fair Poor

Date of last A1c _____ What score? _____

Who is your diabetes Doctor _____

Family history of gum disease

Some people are genetically prone to developing gum disease even if they take decent care of their mouths.

Do you have any family history of gum disease? Yes No Don't know

Stress

Stress is a well-known risk factor for gum disease.

Is your stress level too high? Yes No

Life altering events (loss of job, divorce, death in family, moving to new location, etc.) can be particularly strong factors for gum disease. Are you currently going through and life altering events? Yes No

Rheumatoid Arthritis

There is a bi-directional connection between rheumatoid arthritis. If you have arthritis you are at an increased risk for gum disease. Emerging research suggests that eliminating any gum disease and then keeping it at bay can lessen the crippling effects of arthritis.

Have you ever been diagnosed with Rheumatoid Arthritis? Yes No

Overweight

Being overweight is now recognized as a strong risk factor for gum disease. Obesity and gum disease are both risk factors for heart disease and diabetes. Thus, if you are over your ideal weight it is vitally important for you to eliminate any gum inflammation to lower your risks for more serious health problems.

We can calculate your weight status by using Body Mass Index (BMI)

List your current weight _____

List your current height _____

$BMI = (703 \times weight) / (height)^2$
18.4 or below Underweight
18.5 to 24.9 Healthy weight
25.0 to 29.9 Overweight
 ≥ 30.0 Obese

All patients please complete the following (check all that apply)

- Heart disease/risk factors for heart disease (family history of heart disease, ↑ cholesterol, ↑ blood pressure)
- Spouse with gum disease (Gum disease may be transmissible, family members should be screened for gum disease)
- Taking Dilantin, Ca+ Channel Blockers, or Immunosuppressants for organ transplantation
- Previous bouts of gum disease
- History of gastric ulcers
- Kidney Disease
- Family history of Alzheimer's disease
- Respiratory disease
- Family history of colon cancer

FEMALES Are you: Pregnant Nursing Taking birth control pills

Ever diagnosed with breast cancer? Family history of breast cancer? Post-menopausal?

Do you have osteoporosis?

Yes

No → Have you ever been tested for osteoporosis? Yes No

Ever taken Fosamax, Fosamax Plus D, Actonel, Boniva, Didronel, Skelid, Aredia, Bonafors, or Zometa for osteoporosis or for any other reason? Yes No